2023 Boys/Girls Cross Country		
Date	Location	Time
Tuesday, August 22	ICS Cross Country Invitational (Columbia)	Course Preview 4-5pm, First Race - 5pm
Friday, August 25	Breese All Saints (Mater Dei)	4:00 PM
Thursday, August 31	Albers/Damianville	4:00 PM
Tuesday, September 5	Aviston (Aviston Park)	4:00 PM
Friday, September 8	New Horizon Cross Country Invite (Centralia)	1:00 PM (Races every 30 minutes)
Wednesday, September 13	Salem Grade School Meet	4:30 PM
Thursday, September 14	Germantown	4:00 PM
Saturday, September 16		9:00 AM
Monday, September 18	St Marys Cross Country Invitational (Foundation Park) Centralia	4:00 PM
	Clinton County Conference Championship @Damiansville Park(ASA/Albers Host)	4:00:00 PM (8th Grade Night)
Tuesday, September 26		4:00 PM
Thursday, September 28		TBD
Monday, October 2	Wesclin	4:00 PM
Friday, October 6	Regionals - Immaculate Conception (Columbia)	Late Afternoon/Early Evening
Saturday, October 14	State Meet at Du Quoin	10:00 AM